

Meeting	Middlesbrough Health and Wellbeing Board
Date	14 th March 2018
Title	CCG Briefing
Responsible Officer	Amanda Hume – Chief Accountable Officer, South Tees CCG
Purpose of Item	The purpose of this briefing note is to update the Health and Well-being Board on the progress being made in a number of key areas by South Tees Clinical Commissioning Group (the CCG), working in partnership with Middlesbrough Borough Council and members of the NHS Provider community.

Summary of Recommendations

That Middlesbrough Health and Wellbeing Board are asked to:

- Note the work underway to attract and recruit more GPs to the area
- Note the proposed development of a workforce framework for health and social care in the North East and Cumbria
- Note the new hospital-based carers' information support service providing support to Middlesbrough carers
- Note the work progressing with the joint commissioning of children's services
- Note the engagement with children, young people and their carers and families
- Note the introduction of the paediatric telephone triage pilot at South Tees Foundation Trust
- Note the decision to make changes to respite services for adults with a learning disability, complex needs and/or autism whilst retaining the currently available facilities.
- Note the continuing work with partners to support vulnerable people to get to the right place of safety
- Note the work with partners to minimise the impact of winter pressures
- Note the financial challenge facing the CCG and the plans in place to address this

1.0 PURPOSE OF THE REPORT

The purpose of this report is to update the Health and Wellbeing Board on the progress being made in a number of key areas by South Tees Clinical Commissioning Group (the CCG), working in partnership with Middlesbrough Borough Council and members of the NHS Provider community.

2.0 GP RECRUITMENT

The CCG is actively participating in schemes to boost the local GP workforce. We have relaunched our Career Start scheme aimed at newly quailed GPs not currently working in the North East. The scheme offers GPs who choose to work in South Tees practices, a day per week of dedicated time for 12 months to support their professional development or

pursue areas of special interest such as research or innovation in their first year working in South Tees. This dedicated time is jointly funded by the CCG and Health Education England North East. Previous rounds of advertising did not lead to any applications for local vacancies; however, with the agreement of Health Education England North East there is no longer a requirement to spend part of the working week in a secondary care setting, which we believe will now make the scheme more attractive. This remains an option however, for candidates seeking a portfolio role.

In addition, working with other CCGs across the North East, and in particular with our neighbours in Darlington, Hartlepool and Stockton-on-Tees, the CCG is taking part in a major European recruitment exercise led by NHS England. This project plans to bring 10 GPs, over the next few years to South Tees. We have had positive support from our practices and we believe that Middlesbrough (along with Redcar and Cleveland), is in a good state of readiness to accept the GPs. We hope to be among the first CCGs in the North East to welcome international GPs who will begin their training and induction to the UK health system towards the end of the year.

It is recommended that the H&WBB:

Note work underway to attract and recruit more GPs to the area

3.0 THINKING DIFFERENTLY ABOUT THE WORKFORCE

The CCG took a lead role in coordinating a regional Workforce Summit bringing over 100 health, local authority and voluntary sector colleagues together from across the North East and Cumbria. The event took place on 20th February and was chaired by Amanda Hume, CCG Chief Officer, in her role as responsible officer for workforce, in the sustainability and transformation partnership (STP). Colleagues discussed the challenges of both an ageing population and workforce, and increasing levels of health and care needs. There was a real commitment to thinking about the workforce differently, focusing more on outcomes for local people rather than traditional organisational and professional boundaries, reducing duplication and making care seamless for the people we serve. A small working group will take forward the outcomes from the day and begin to develop a workforce framework for the North East and Cumbria.

It is recommended that the H&WBB:

 Note the proposed development of a workforce framework for health and social care in the North East and Cumbria

4.0 MIDDLESBROUGH CARERS PARTNERSHIP

Schemes are progressing to deliver the twelve outcomes of the strategy in a number of priority areas identified by partnership members that support a wide range of carers across Middlesbrough. A contract has been awarded following a competitive tender process to Carers Together to deliver a hospital-based carers information support service. This is similar to a service already in place for residents of Redcar and Cleveland and will now enable Middlesbrough carers to benefit. The service will support the identification of

carers, undertake assessments as well as signpost carers to specialist carer support services where required as appropriate to their caring role.

It is recommended that the H&WBB:

 Note the new hospital-based carers' information support service providing support to Middlesbrough carers.

5.0 JOINT COMMISSIONING OF CHILDREN'S SERVICES

A joint commissioning strategy for children's services is in development, in collaboration with Middlesbrough Council, Redcar and Cleveland Council and South Tees CCG. The draft strategy outlines how we intend to work together to take forward commissioning priorities for children and young people across the South Tees locality. The draft strategy was discussed at Middlesbrough Council's Children's Trust Board and is scheduled for discussion South Tees CCG Executive on 7th March. Following input from all stakeholders the strategy will be finalised.

A joint commissioning group has been established, chaired by the Head of Commissioning from Middlesbrough Council, with membership comprising of commissioners from South Tees CCG, Middlesbrough Council, Redcar and Cleveland Council along with public health colleagues to take forward the priorities identified in the final strategy. Work has already commenced in terms of reviewing speech and language therapy services, children's equipment services and looked after children's pathways.

It is recommended that the H&WBB:

Note the work progressing with the joint commissioning of children's services

6.0 EDUCATION, HEALTH AND CARE PLANS

As previously reported, CQC and OFSTED carried out an inspection of special educational needs and disability (SEND) services in Middlesbrough during 2017. Inspectors spoke with children and young people who have special educational needs and/or disabilities, parents and carers, representatives of the local authority and NHS. They also visited a range of providers and spoke to leaders, staff and governors about how they were implementing the special educational needs reforms and looked at a range of information about the performance of the local area, including the local area's self-evaluation.

One of the areas identified for development following the inspection was that local leaders need to ensure that EHC plans have the necessary contribution from health practitioners.

An education, health and care (EHC) plan is for children and young people aged up to 25 who need more support than is available through special educational needs support. EHC

plans identify educational, health and social needs and set out the additional support to meet those needs.

The clinical commissioning group has sought views and experiences from children, young people and their families on the contribution made by health professionals to the education, health and care planning process. Children, young people and their carers and families were invited to a drop in session on Thursday 1st March at the CCG offices to share their experiences, and suggest ideas for potential improvements. Questionnaires were also available to complete for those who were unable to attend the session. Outcomes from the session and questionnaires will be discussed at the multiagency improvement workshop taking place week commencing 5th March. The 5 day workshop is designed to review, improve and implement joint improved processes for EHC plans, which will translate into positive outcomes for our Children and Young People with Special Educational Needs and /or Disability (SEND).

It is recommended that the H&WBB:

 Note the engagement with children, young people and their carers and families regarding their experience of education, health and care plans

7.0 PAEDIATRIC TELEPHONE TRIAGE PILOT

During February 2018, South Tees Foundation Trust is running a 4-week pilot at James Cook University Hospital to manage acute GP referrals into paediatrics. It is hoped that this pilot will improve patient pathways and ensure children are directed to the most appropriate service for their needs, first time. There will be a dedicated telephone triage line available for GPs to call for acute referrals to paediatrics. A discussion will take place between the GP and consultant paediatrician to triage the patient appropriately into one of the following options:-

- Urgent, same day referral.
- Rapid Access appointment within 48 hours on the Paediatric Day Unit (PDU) at James Cook University Hospital or the Short Stay Paediatric Assessment Unit (SSPAU) at the Friarage Hospital, depending on where the patient lives.
- Recommend a Routine Outpatient Clinic appointment referral through the usual route.
- Advice to treat the patient at home

The process excludes suspected cancer referrals and life threatening illnesses. The telephone triage line managed by a consultant paediatrician will be available between the hours of 9am – 6pm Monday to Friday. The service is available for both GPs and nurse practitioners who are able to discuss acute referrals. An evaluation will take place following the pilot.

It is recommended that the H&WBB:

 Note the introduction of the paediatric telephone triage pilot at South Tees Foundation Trust

8.0 RESPITE SERVICES FOR PEOPLE WITH A LEARNING DISABILITY

Following a public consultation, along with NHS Hartlepool and Stockton-On-Tees Clinical Commissioning Group, the CCG agreed to introduce changes to respite services for adults with a learning disability, complex needs and/or autism.

The decision taken by both CCGs will improve choice whilst recognising the importance of retaining the current facilities available. This means that bed based services will continue to be delivered from 2 Bankfields Court in Middlesbrough and Aysgarth in Stockton-on-Tees. Other changes to be implemented that will make the service more equitable for people with a learning disability include:

- Changing the assessment and allocations process, making it more needs led;
- Offering more choice and improved focus on the needs of people with a learning disability and their carers and families;
- Buying flexible community-based respite services and clinically-led outreach support services so that people with a learning disability can choose from a range of respite activities with the appropriate support they need.

The decision follows extensive feedback from people who currently access services, their families and carers, and other key stakeholders as part of the 10-week formal public consultation process that ran from September to November 2017.

It is recommended that the H&WBB:

 Note the decision to make changes to respite services for adults with a learning disability, complex needs and/or autism whilst retaining the currently available facilities.

9.0 SUPPORTING VULNERABLE PEOPLE GET TO THE RIGHT PLACE OF SAFETY

The CCG is continuing to work with partners to ensure that arrangements are in place so that individuals with mental health problems are cared for in the most appropriate setting.

The Tees Crisis Care Concordat-funded Force Control Room project was launched on 2nd October 2017 and has been well received by all organisations involved. The project is working to develop data to understand the benefits and impact of this new way of working for evaluation.

From the first 3 months, the data indicates that there has been a further 20% reduction in the use of Section 136 of the Mental Health Act showing that inappropriate detentions are being avoided.

During the first three months there have been 659 calls screened by the nurse co-ordinator and 171 face-to-face contacts with individuals experiencing mental health crisis or suicidal/self-harming behaviour.

It is recommended that the H&WBB:

 Note the continuing work with partners to support vulnerable people to get to the right place of safety

10.0 WINTER PRESSURES

During the Christmas holiday period and the weeks immediately following this, the NHS locally and nationally, experienced unprecedented levels of demand for urgent and emergency care services. Following the implementation of changes we made to our local urgent and emergency care system as part of the 'making health simple' programme we have been able to ensure that patients can access, and be directed to, additional GP appointments up until 9.30 in the evening seven days per week, supporting our local A&E department to manage those patients who really need to be there.

While we have still seen an impact on waiting times at the A&E department, and increased need for people to be admitted to hospital, we have continued to perform well at both a regional and national level, ensuring that as many people as possible who attend A&E with an appropriate need are seen and treated within 4 hours.

We are continuing to work with all partners from across the urgent and emergency care system, including South Tees Hospitals NHS Foundation Trust, our member practices, North East Ambulance Services, the GP Federation (ELM) and both Local Authorities to ensure that all necessary action is taken to minimise the impact of, and any disruption resulting from winter pressures. Quality of both patient care and patient outcomes remain our top priority throughout this challenging time of the year.

It is recommended that the H&WBB:

Note the work with partners to minimise the impact of winter pressures

11.0 NHS SOUTH TEES CCG FINANCIAL CHALLENGE

The NHS is facing unprecedented levels of financial challenge. The South Tees health and care system is, like many other systems, experiencing significant financial pressures, due to increased demand for services.

The CCG received £472 million, for this financial year, from NHS England to commission services for the South Tees population of 296,000 people.

As with many other CCGs across the country, NHS South Tees CCG; for the first time since its inception in 2013, is forecasting an overspend (deficit) for the financial year. We have robust financial recovery plans in place to try to address this.

We are committed to ensuring that we deliver our statutory responsibilities and we will continue to work closely with all our partners to manage demand within the resources available for the local health and social care economy.

A briefing note has been shared with partners that outlines significant pressure areas for the CCG such as continuing health care, the cost of drugs and the demand for planned and emergency care.

A separate presentation will be provided for Health and Wellbeing Board members to better understand the financial position and the plans the CCG have in place, highlighting where there needs to be a system wide plan.

It is recommended that the H&WBB:

The financial challenge facing the CCG and the plans in place to address this

Report prepared by:

Alex Sinclair, Director of Programmes and Primary Care Development, South Tees CCG